Cassilis Public School

Newsletter

Be Respectful  Be Safe  Do Your Best

Cassilis Public School, Vision Statement
To prepare every student to be successful lifelong learners who are confident and creative individuals; and active and informed citizens through a commitment to equity and excellence in education.

We believe it is important for students to be self-aware, build resilience and positive relationships and actively contribute to the school, the community and the society in which we live.

We value and support strong partnerships with the broader community to maximise student engagement and achievement in a nurturing environment.

Term 1, Week 7  07 March, 2016

Calendar 2016

March
11  Assembly 9:00- 9:30am
14  P&C Meeting/AGM 3:15pm
16-18  Kia Ora
21  School Photos
24  Harmony Day/ Easter Hat Parade
25  Good Friday

April
1  Cross Country
4  P&C Meeting 3:15pm
8  Last day of Term 1

May
15  Variety Bash
16  GRIP Leadership Day

WHAT’S DUE THIS WEEK?

3-6 Excursion Expression of interest
Chocolate Fundraiser money

Student of the Week
Benjamin Bibby

Benjamin has been voted Student of the Week, this week for his dedication to learning.
Ben is demonstrating increased enthusiasm for learning and improvement. Last week, he worked hard to do careful and neat book work in all areas of learning, and listened carefully to explanations and instructions to learn new concepts in Mathematics, Safety and Creative Arts.
In Volleyball, Ben is showing considerable improvement in the skill of catching and he is positive and respectful to all his peers.
Some of the reasons his peers voted Ben student of the week include; “Ben, because he was being respectful and doing good learning” and “Ben, for being good in the playground”.
Congratulations, and keep up the fantastic work, Benjamin!
Clean Up Cassilis Day

Friday was Clean up Australia Day and Cassilis Students spent the morning cleaning up the school and surrounding area to help look after our local environment.

Thank you Tash Taaffe and the Upper Hunter Shire Council for providing the students with bags, gloves and rewards for most rubbish collected!

Seatbelt EGGSperiment!

Last week, students learnt why it is important to wear a seatbelt in their Road Safety Unit.

After discussing what a seat belt is, why they are important and how they are used, students were given a raw egg in a carton 'car seat'. The students were challenged to create a safe seatbelt for their egg.

On Friday, the eggs were put to the test!

The first egg was tested without a seatbelt and the results were not positive for this egg!

Most seatbelts, passed the seatbelt safety test, however some were not so lucky!
**Week 7 Assembly!**

Come and celebrate the achievements of our students at our week 7 assembly on Friday morning from 9-9:30am.

We look forward to seeing you there!

**PBL Awards**

Congratulations to Gordie Anderson, Banjo Heycox, Isabelle Bibby, Brooke McLennan and Rachel Bibby for receiving PBL certificates last week.

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**Good for Kids good for life**

**PACKING A HEALTHY LUNCHBOX**

Many products marketed as being a healthy lunchbox addition can be high in sugar and fat, and low in nutrients. Here are some healthy options to consider swapping in your child’s lunchbox:

- An apple or banana instead of a fruit roll-up.
- Swap chips for unsalted air-popped popcorn.
- Include low-fat plain milk instead of drinks high in sugar such as sports drinks and fruit drinks with less than 99% juice.
- Swap sugary snacks, such as cake or biscuits, for a low-fat plain/fruit-based yoghurt.
- Use wholemeal or multi-grain bread instead of white bread for sandwiches.

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